

The Napa Rotagram

March 31, 2010



Pantone® 575C
Pantone® 1945C

Visiting Rotarians



Our Guest was
John Dumars,
Retired, and the lone
Visiting Rotarian
from Napa Sunrise.

Thought for the Day

The Pledge of Allegiance



*I Pledge Allegiance to
the flag of the United
States of America and
to the Republic for
which it stands,
one Nation under God,
indivisible, with liberty
and justice for all.*

Rotarians recited the Pledge of Allegiance after watching **Red Skelton's** famous and thought-provoking rendition prepared by his grade school teacher, **Mr. Laswell**.

Red Skelton's Words: <http://www.poofcat.com/july.html>

Video: http://media.causes.com/604250?p_id=55539427&s=fb_feed

Kent Gardella introduced his guest, **Mark Hibbs**, who is the Horse Manager associated with the CARE Program.

The **Sunshine Report** gratefully acknowledged **Tom Young's** ability to return to Rotary. **Charlie Harper** is at home and he would appreciate a phone call.



The Raffle had experienced a nice surge in ticket sales because the pot is up to \$3,200 and the elusive Joker is hiding among only 8 cards!!! **Ann Cash** and **Dale Carriker** tried their luck but walked away empty-handed.

WINEVALLEY
CYCLE FOR SIGHT
& ROTARY RIDE FOR VETERANS



The April 17 **Cycle for Sight** event is getting closer! If you can help, make sure your name is on the sign up sheet. Please remember to buy a Memorial Mile sign. Please prepare to bring hard boiled eggs and cookies to the meeting prior to the event. We also need more wine for the Silent Auction "**Rotary Wine Cellar**" and general, non-wine auction items.

An exciting event coming up is the **April 10 Spring Swing Jazz Band** performance at the **Bay Leaf Restaurant**. The band urgently needs to raise money for travel expenses. The tickets cost \$75 per person and include dancing lessons and dinner.

May 13 marks the 85th wedding anniversary of **Herb and Zelma Fisher**. Herb is 104, Zelma 101. Congratulations! **Dick and Carol Lyon** look back at 63 years of marital bliss. **Ed Barwick** came up with 4 plus 57 years ...

Jill Barwick orchestrated the March birthday roll call. **Don de Vincenzi** could not identify the Rotarian who swam in cold ice and met the Dalai Lama twice. (**Dorothy Lind Salmon**)! **John Cardinale** had problems identifying the Rotarian who once earned a living as a farm worker and traveled around the U.S. in a converted school bus. (John Woodbury)! **Steve Orndorf** could not identify the Rotarian with a degree in International Affairs and Finance. (**Deborah Matteri**)!

Mike Loughran and **Jim Riley** auctioned off a foursome round of Golf at Hidden Brooke Golf Course. **Stuart Slipiec** bought this great value for \$300. Apart from Golf there are prizes, a British Open type of Buffet dinner, tee prizes, a Whole-in-One car, a performance by the Raiderettes. It is a fundraiser for the **CARE program**.



Today's Program



Our Speakers, **Denise Malvini** and **Linda Goodwin** eloquently described the CARE (Cornerstone Assisted Riding and Equitherapy) program located in American Canyon.



Founded in 1985, they have great hopes for the future as they try to expand their therapeutic horseback riding for individuals with cognitive and physical disabilities. The idea of providing the therapeutic horseback riding experience came from a woman who suffered from a brain tumor. She regained her independence and dignity through her work with horses and she had an easier recovery. NARHA (North American Riding for the Handicapped Association) has certified all riding instructors. Children, teenagers who have aged out of the foster care system, and adults can benefit from Equitherapy. Therapeutic benefits of horses were recognized as early as 460 BC. The facility in American Canyon has six board members, 15 students, 25 volunteers, and three horses. Families raising a disabled child have \$2,500 extra expenses

per year, and they cannot afford riding lessons. For each riding lesson, there are three assistants: one leads the horse, and two are walking alongside the rider. The horse's rhythmic motion and their gentle disposition help children improve their self-confidence and ability to communicate. The ultimate achievement of this type of therapy is a better quality of life. Participants have shown better trunk and head stability, as well as improved use of arms and hands. The riding experience has also been helpful for people suffering from arthritis and autism. The riders experience the horses' movement in a walk, and occasionally even in a trot. This program also shows great promise for our Pathway Home residents. The horses used in the CARE program are "free lease" horses and they belong to different owners. The program uses patient and understanding horses that have gone through extensive training. One of the horses came to a complete stop while its rider was suffering a seizure. Horses are good at knowing what is going on with their rider. The volunteer positions at the Cornerstone Center in American Canyon cannot be called glamorous, but they are certainly rewarding. The riders' smiles tell the whole story. For additional information, please visit carebayarea.com or call 888-922-7366. All contributions to this program are fully tax deductible.



Prior to adjourning the meeting, **President Bruce** expressed his thanks to **Bob Mullikin** who raised the \$50,000 seed money for the NewTech High School during his Rotary presidency. The expansion currently underway is cutting into the Rotary playground. But it is nice to see how successful the NewTech teaching model has been.

The theme of today is the famous quote by Michael Pritchard:

"We don't stop laughing because we grow old; We grow old because we stop laughing"



Maren / Dana