

The Napa Rotagram

February 17, 2010



Thought for the Day



Commercial for Budweiser shown during Super Bowl Thirty-Six called "Respect". They only aired it once so as not to benefit financially from it - they just wanted to acknowledge the tragic event

Visiting Rotarians Guests of Rotarians



Our Guests were
~ None Today ~

Kevin Massie headed the Pledge of Allegiance.

Nolan's Cheddar - seriously strong cheese

"Being health and fitness conscious as part of a new year resolution is a great thing!. Watch this video and decide how you might benefit from Nolan's "seriously strong" Cheddar. Enjoy!"

<http://blog.envision-grp.com/2010/01/nolans-cheddar-seriously-strong-cheese.html>



Dana Zanone and **Tom Mills** came up empty handed. The prize grows and the odds are greatly improving!

Sunshine Report: **Howard Ericson** was released home from Queen of the Valley Hospital following back surgery.

Jim Fehring was happy that the sale of his bank to RABO is a good thing. They will continue to be strong in the agricultural business arena.

Jill Barwick offered a Happy Five for two romantic Rotarians, Dale Caricker and his lovely spouse. They had their picture published in the Napa Register on Valentine's Day.

Fine Master at Work



The fearless fine master, **Jim Riley**, prodded **Jerry Medlin** and **Dorothy Lind** to do a three minute talk about their lives. Jerry started out as an industrial engineer and has been self-employed for the past 36 years in the world's oldest shareware profession. Jerry's Daughter is employed in the environmental protection area. Someone has to look out for the Smelt in our rivers!

Dorothy Lind was born in Seattle – she said how many years ago, but nobody believed it. When she was little, she wanted to play with the boys and showed up for little league practice with a shaved head to look like a boy. When Dorothy's Mother asked the barber how he could have shaved a little girl's head, it became apparent that Dorothy can be quite persuasive. After 12 years on the Fair board, Dorothy is now helping **Barbara Nemko** and **John Glaser** transform education.

Napa Rotary Quarterly Achievement Awards



Ann Cash presided over the quarterly awards for exceptional high school students. Each student received a check for \$200 – one half from Rotary and the other \$100 from their sponsors. **Steve Orndorf** sponsored **Consuela Amezcua**, an

amazing high school senior, who has shown serious leadership skills. **David Wildhagen** sponsored



Sasha Hazelton, who helped put on the musical “Beauty and the Beast.” Sasha is also involved in the business world: during the summer she grows and sells boysenberries. **Dean Donaldson** sponsored **Sylvia Mendoza**, an outstanding student in the field of bio-technology. She is already working on DNA technology. All three honorees will continue on to College and some interesting institutions of higher learning have already accepted them. The destinations may be Stanford, Harvard, Berkeley, UC San Diego, etc. It was a pleasure to see the articulate Seniors and Ann said “Thanks Guys!” to the generous sponsors.

Announcements:



Gary Rose had good news regarding an important Cycle for Sight sponsorship. Whole Foods, who last year donated the water, has designated Cycle for Sight their Charity of the Year. Whenever possible, please do your grocery shopping there to reciprocate for their kindness and generosity. Whole Foods also has a team in the bicycle race. Another new sponsor has just come aboard: Napa Valley Orthopedics!



If possible, please sponsor the Memorial Mile with a picture honoring someone. **Bill Blanckenburg** has made a most generous donation already.

Mike Loughran is working on the permit process for the Cycle for Sight event. There is a new requirement: anyone pouring alcohol is required to

attend a two hour responsible beverage service class on April 8. The following will attend the class to make sure that we get the ABC license: **Maren Namdar, Jason Luross, Dorothy Salmon, Stuart Slipic, Jeannie Christofferson, Gene Kelly and Alecia Hancock.**

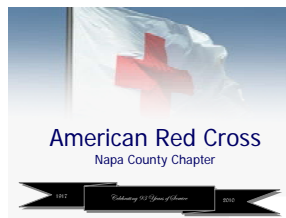
The Rotary Ski Event will occur **Friday March 5th** at Alpine Meadows. See **Gary Rose** for details.



On Sunday, February 28, you will be able to join the Pathway Home Residents for a rare treat: **Mike Loughran** will prepare his world-renowned BBQ. It is very rewarding to get to know our returning veterans on a first name basis. The Veterans are looking forward to seeing you up there. Ask Mike what you can bring to complete the meal.

Napa Bowl - with Veterans - Get out your bowling shoes and join the Pathway Home residents for a friendly game! 6:30-8:30 pm on Monday nights.

Today's Program



Frank Lucier Russier, Executive Director of the Napa County Red Cross. **Story on Page 3.**

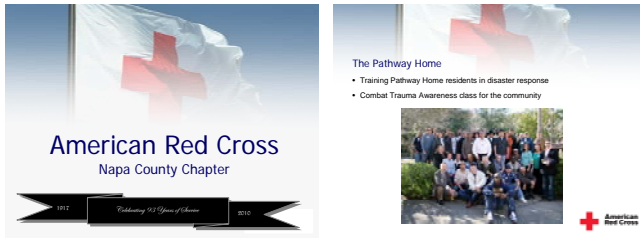
Final Thought for the Day

According to Abraham Lincoln, the best thing about the future is that it comes one day at a time.



Maren / Dana

Today's Program



Tim Cooney introduced our Guest Speaker, **Frank Lucier Russier, Executive Director** of the **Napa County Red Cross**. Frank talked about his experiences during the past two years he has served as Executive Director.

The Red Cross's mission consists of several activities:

1. Protection of victims of combat
2. Provide family communications and other forms of support to the US Military
3. Maintain a system of domestic and international disaster relief

Training Pathway Home residents in disaster response and Combat Trauma Awareness class for the community.

Disaster Relief

- Mobile
- Complete
- Duplicate supplies
- Strategically located

Prepare...Minimize the impact of a disaster

- Disaster preparedness and response trainings
- CPR, First Aid, Defibrillator, Swimming
- Babysitting certification
- "Seasoned Citizen" disaster training
- Care Giver classes
- Sports Safety training
- Certified Nurses Assistant Certification (CAN)

Integrate our efforts with Emergency Services

- Unified Command vs. Unified Effort

The Red Cross raises funds in the community. They do not get money from anywhere else. Military families receive counseling, referrals, and networking contacts. Two thousands cards have

been sent to Veterans last year. The Red Cross has developed a Napa County local resource guide. It has psychologists to teach pre-deployment classes. The Red Cross has volunteers who attend re-integration events for returning veterans. In cases of fires, floods, or earthquakes, the Red Cross puts people up until buildings are back up. Local disaster shelters are managed by Disaster Action Teams.

The national response kicks in when a disaster happens anywhere. Local volunteers call the Red Cross to be deployed. There are trailers available that are all uniformly equipped to aid efficiency to minimize the impact of disaster.

The Red Cross provides defibrillator and CPR training, swimming lessons, certification for babysitters, "seasoned citizens" disaster training, caregiver classes, sports safety training, Certified Nurses Assistant Certification, and partnering projects with the Community College.

The Red Cross is involved with senior housing rehabilitation and the concept of Unified Command where all departments get together.

"Real Heroes" of Napa County Awards Breakfast is a big fundraiser and another event is coming up. On March 20, the Red Cross will have a spaghetti dinner at Chardonnay Hall. Tickets are \$35 per person.

Animals

Cornerstone Assisted Riding & Equitherapy

Education

Dr. Amy LaPan and Ted Peterson

Environment

Cheryl Harris

Good Samaritan

Jill Techel

Military

Fred Gusman

Public Safety

Jennifer Hardwick

The Red Cross constantly seeks to add people to their Board of Directors who are used to making decisions in chaos. That means people who are used to problem solving. We live in a unique place, and we have to have earthquake preparedness on our minds. Therefore community emergency response training is very important here.

