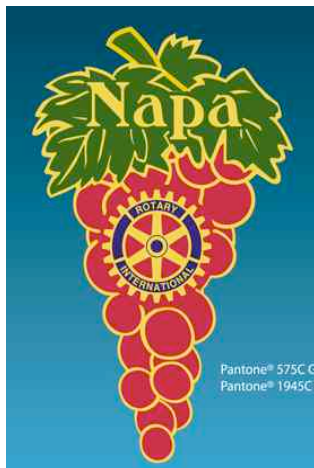
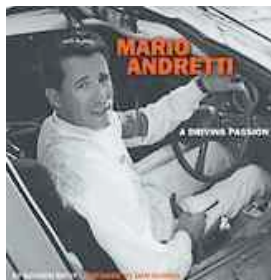


The Napa Rotagram

May 28, 2008



Thought for the Day
Jerry Medlin had a short and sweet thought from a famous driver turned vintner ...



... If everything's under control, you're going too slow!



Oooops! What's wrong with this picture? The Rotary "Wheel" is missing from the podium and replaced by the BPO Elks emblem.

Barbara Nemko thanked all those who participated in the recent Junior Achievement event. She learned that like many of us, the students don't like taxes --- but they love doughnuts.

Former Pres **Chuck DeLorimier** reports that his effort to form an American Canyon Rotary Club is getting closer to bearing fruit. He still needs about seven names of interested individuals. Give him a call if you have thoughts.



Reminder ... The Rotary International convention will be held in LA June 15-18. So far, no Napa Rotarians appear to be going. Give it some consideration.

President Mr. "O" related travel tales from his recent Canadian fishing venture and took a little heat for the "Ten Questions" featuring his wife in the Napa Valley Register. Fortunately, she mentioned Rotary – so all is well.



John Cardinale had a treasure trove of items from his recent trek to the Bahamas. **Mr. "O"** himself coughed up the necessary funds for those. He then modeled the Cheesehead brought back from Green Bay, WI by your humble scribe. **Kent Gardella** got that along with some Wisconsin string cheese to eat with his Brat while cheering on the Packers.

Student Honors

New Tech instructor Heidi Hanler obviously is impressed with the accomplishments of Michael Cranahan.



Ann Cash presented Heidi along with Michael and his parents Steve and Dana. Michael was a rare unanimous choice for the award and collected \$200 and a plaque. He was cited for his tech savvy, sense of humor and helpful attitude.

As an added bonus, Cycle Master **Gary Rose** presented New Tech with a check for \$1,000 for its participation in the recent Cycle for Sight.

Birthdays



Bruce McCall said it is amazing how things interconnect. A basketball injury led him to the field of physical therapy. It also spawned an acquaintance with Ron Blum who officiated at the infamous “Big Game,” calling the ending complete with the Cal band on the field, “... a Cal touchdown and World War III.”



Meanwhile, **Wyman Smith** had a tale of pyrotechnics from the U of Colorado in 1968. He and a friend “accidentally” ignited a Volkswagen, but when questioned said a passerby had tossed a cigarette. The vehicle owner had hoped to collect insurance. Hmmm, Four Way Test??

Visiting Rotarians



Constance Coughlan of the Waianae coast of Oahu, HI and **Jim Nord** of Napa Sunrise.

Our Speaker ...

Alecia Hancock introduced Dr. John Diana, an orthopedic surgeon practicing in Napa and Queen of the Valley Medical Center.



Dr. Diana said candidates for knee or hip replacement are those with “end-stage” arthritis where wear and tear and the loss of cartilage have taken their toll.

He noted an approximate 90-percent success rate with knees. Bones are shaved and a plastic cap inserted. Should be good for at least 20 years.

Hips heal even more quickly. Some 300,000 are done in the U.S. every year.

The knee replacement usually takes about an hour and has a low rate of complication. Factors that add to problems include obesity and genetic pre-disposition.



*Orthopedics 101 (or why he's Mr. “O” and not Dr. “O”)
“Let’s see ... Insert ball ‘A’ into socket ‘B’ ... No, that doesn’t fit ...”*



SERVICE Above Self

Rod Wiessner shows off the latest addition to **Gina Stutchman’s** family.



Rick Whatley failed to draw the Joker for big bucks but came away with a philatelic consolation.

*Next week ... **Denys Michaud** relates the moving story of the assassination of Robert Kennedy. Denys was at the Ambassador Hotel that fateful night in 1968.*

